

Football Academy - NCFE Level 3 Diploma in Sport

Summer Task

Sports coaching

Type of evidence: Written report. This piece of work needs to show at least 4 hours work and to be handed in on the first week back in September.

Assessment criteria: 1.1, 1.2

Task: You need to describe four roles and four responsibilities of sports coaches, using examples of coaches from different sports.

- They should describe the roles the coach undertakes within their coaching; such as innovator, friend, manager, trainer, role-model, and educator.
- You need to describe the responsibilities a coach has when delivering a coaching session, for example legal obligations (child protection, insurance, organisational requirements), professional conduct, health and safety of all participants (staff and spectators), equal opportunities.
- You should use examples of real sports coaches that they feel show these roles and responsibilities well.
- You need to describe three skills common to successful sports coaches, using examples of coaches from different sports. These could include communication, organisation, analysing, and problem solving, evaluating, time management. Candidates should provide examples of successful coaches that they feel demonstrate these skills successfully.

Assessment criteria

1.1 Describe the roles and responsibilities of sports coaches, using examples of coaches from different sports

Pass

☑ Candidates will describe the roles and responsibilities of sports coaches, using examples of coaches from different sports

Merit

☑ Candidates will describe in detail the roles and responsibilities of sports coaches, using examples of coaches from different sports

1.2 Describe the skills common to successful sports coaches, using examples of coaches from different sports

☑ Candidates will describe the skills common to successful sports coaches, using examples of coaches from different sports

☑ Candidates will explain the skills common to successful sports coaches, using examples of coaches from different sports