

## A level PE – Induction assignment

During your induction lesson, you will have experienced a range of sporting activities. Golf, Triple jump, Gymnastics, Basketball and Badminton.

Select 3 of the above activities plus 2 of your own and create a skills classification profile for each one.

The skill classifications you should use are as follows;

Open / closed

Continuous / serial / discrete

Gross / fine

Self paced / externally paced

Complex / simple

Use the classification profile completed during the induction lesson as your template

This assignment will be marked out of 50.

1mark for each correct classification for each category for each activity and up to 5 marks for each written justification for your profile

Good Luck

S Moore

